

# Medical / Legal Resources

## Internet Access to Laws and Regulations

- California Statutes – [www.leginfo.ca.gov](http://www.leginfo.ca.gov)
- California Code of Regulations - <http://ccr.oal.ca.gov>
- United States Code- <http://thomas.loc.gov>
- Code of Federal Regulations - <http://www.gpoaccess.gov/CFR/>

## Privacy

### Laws and Regulations

- HIPAA: Health Insurance and Portability Accountability Act: 42 USC §201; 42 USC §1320d
- Privacy Rule: 45 CFR §160-164
- Reproductive Privacy Act: California Health and Safety Code §123460

### Web Resources

- <http://www.epic.org/privacy/medical>
- <http://www.privacyrights.org/medical.htm>
- <http://www.healthprivacy.org/>

## Medical Records

### Laws and Regulations

- Personal Access – California Health & Safety Code §123100 et seq
- Confidentiality of medical records
  - California Civil Code §56 et seq
  - California Evidence Code §1158

### Web Resources

- Access to your consumer information file if it exists  
[www.mib.com/html/request\\_your\\_record.html](http://www.mib.com/html/request_your_record.html)
- Information about Health Plan issues prepared by Consumer Action  
<http://www.consumer-action.org/english/library/C24>
- *Basic Medical Identity Theft*. Prepared by the Identity Theft Resource Center  
[http://www.idtheftcenter.org/artman2/publish/v\\_fact\\_sheets/Fact\\_Sheet\\_130\\_Basic\\_Medical\\_Identity\\_Theft.shtml](http://www.idtheftcenter.org/artman2/publish/v_fact_sheets/Fact_Sheet_130_Basic_Medical_Identity_Theft.shtml)

## Patients Rights

### Laws and Regulations

- Rights in a long term care facility: California Health and Safety Code §1417 et. seq.
- Rights in a psychiatric facility: California Welfare and Institutions Code §5325

### Web Resources

- *The California Patient's Guide: Your Health Care and Remedies*. Prepared by the Foundation for Taxpayer and Consumer Rights  
<http://www.calpatientguide.org>

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[www.stanislauslawlibrary.org](http://www.stanislauslawlibrary.org)  
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Modesto, CA 95354  
Monday – Friday 8am – 5pm

- *Patients' Rights Manual*. Prepared by the California Association of Mental Health Patients Rights Advocates  
[http://camhpra.org/home/index.php?option=com\\_content&task=category&sectionid=3&id=15&Itemid=16](http://camhpra.org/home/index.php?option=com_content&task=category&sectionid=3&id=15&Itemid=16)

## **Medical Profession**

### Laws and Regulations

- Business and Professions Code §§500-4999
- Title 16 of California Code of Regulations, Division 13

## **Health Maintenance Organizations (HMOS)**

### Laws and Regulations

- California Health and Safety Code §1340 et seq
- California Code of Regulations Title 28 §§ 1300.41 – 1300.828

### Web Resources

- California Department of Managed Care – Regulates HMOs and PPOs that fall under California Health and Safety Code §1340 et seq  
<http://www.healthhelp.ca.gov>
- *California's HMO Guide: Getting the Most from Your HMO*. Prepared by the State of California Office of the Patient Advocate  
[http://www.opa.ca.gov/about/consumer\\_information/HMO\\_Guide.aspx](http://www.opa.ca.gov/about/consumer_information/HMO_Guide.aspx)
- *California's HMO Guide for Seniors: Getting the Most from Your HMO*. Prepared by the State of California Office of the Patient Advocate  
[http://www.opa.ca.gov/about/consumer\\_information/files/pdf/srhmoguide.pdf](http://www.opa.ca.gov/about/consumer_information/files/pdf/srhmoguide.pdf)
- *Consumer Action Guides: Health Rights Hotline: Independent Assistance for Health Care Consumers*. Prepared by Legal Service of Northern California  
[http://hrh.org/?page\\_id=27](http://hrh.org/?page_id=27) (see guides at bottom of page)

## **Medicare / Medi-Cal**

### Laws and Regulations

- Medicare - 42 U.S.C. § 1395 et seq
- Medi-cal – California Welfare and Institutions Code §14000 et seq

### Web Resources

- *Guide to Medi-Cal Programs 3<sup>rd</sup> ed*. Prepared by the National Health Law Program  
<http://www.chcf.org/topics/medi-cal/index.cfm?itemID=20387>
- *Your Medicare Rights and Protections*. Prepared by US Department of Health and Human Services – Centers for Medicare and Medicaid Services  
<http://www.medicare.gov/Publications/Pubs/pdf/10112.pdf>
- *Protecting Your Health Insurance Coverage*. Prepared by the US Department of Health and Human Services – Health Care Financing Administration  
<http://www.medicare.gov/Publications/Pubs/pdf/10199.pdf>

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